



SYLLABUS:2018-2019

EASTERN DANCE

CLASS V

April, May and June

- 1.Defination of contemporary dance.**
- 2.Basic steps of contemporary dance.**
- 3.Advance steps of creative dance.**
- 4.Dance exercises with music.**
- 5.Based on contemporary dance form-Arpan**

July, August and September.

- 1.revision of Arpan**
- 2.dance based on patriotic theme(Jay ho)**

October, November and December

- 1.Dance exercises with music composed by Bikram Ghosh.**
- 2.basic classical dance steps with music composed by Ananda Shankar**
- 3.Folk dance-BHANGRA(PUNJABI).**

January, February and March

- 1.Revision of folk dance.**
- 2.Revision of basic classical dance steps**
- 3.Dance item-JHANKAR**